

COVENANT PRESBYTERIAN CHURCH

8451 East Brainerd Road
Chattanooga, TN 37421

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www.covenantchattanooga.org

RETURN SERVICE REQUESTED

(Continued from front page)

confident that He is at work within us so that we might both will and do His good pleasure.

The only real question is whether we love Him with all our heart, soul, strength and mind; and whether we eagerly and willingly love others as much as we love ourselves. Because if both those things are true, then we will find a way to please Him and bless others. But if one or both of these things are not true, it won't matter how much instruction or counsel we receive.

Therefore, I ask you to continue to pray for us as we continue our study of 1 Corinthians 13, where Paul is teaching what it means to love others as we have been loved by God.

Pastor Caines

NURSERY SCHEDULE

February 20

9:30 *Infants:* E McEachern, S Knecht
Creepers/Toddlers: C & G & K Smith
Toddlers: D & K Lambeth, W Gaither

SS *Infants:* J & C Hildebrand
Creepers: D & C Platt
Toddlers: D & A Heisig

6 PM *Combined:* Elwood Family

February 27

9:30 *Infants:* R Getz, S & R Baierl
Creepers/Toddlers: E Beatty, A Griffin
Toddlers: J & H Harris, S Beatty

SS *Infants:* B King, L Crawford
Creepers: T & W Higgins, R Bingham
Toddlers: J Hall, A Wagner

6 PM *No Evening Service - Shepherding Groups*

Please note: If you are unable to find a replacement for your nursery duty, call Judy Foster at 423.645.1086.



THE NEWSLETTER

Vol. 24, No. 6

Covenant
Presbyterian Church

February 16, 2011

From the Senior Pastor...

I was told that three months after bypass surgery you suddenly feel better than you have in years. My three month anniversary isn't for another two weeks. I can't imagine what that will be like, because I can't imagine feeling any better than I do at this moment.

Again, thank you for your prayers. The Lord has (seemingly) made clear His purposes. He has granted me more time with my family and friends (that's you), and has allowed me the great privilege of continuing to proclaim His unchanging truth to His people.

As we prayerfully read and study Scripture, we realize that most of the truths Scripture teaches are quite broad in scope. Scripture seldom gets down to the nitty-gritty. For example, in Ephesians chapters five and six, Paul's advice to wives and husbands, to children and parents, to slaves and masters takes only twenty-one verses. In Colossians, Paul addresses the same subjects using only fourteen verses.

And yet Paul tells Timothy (2 Tim 3.16 -17) that the God-breathed Scriptures are "useful for teaching, rebuking, correcting and training in righteousness, so that the

man of God may be thoroughly equipped for every good work."

All we need, as believers, is a willingness to prayerfully hear the Word, meditate upon it, examine our hearts before God, ask for His wisdom, and then proceed to do those things that we know will honor our Lord and benefit others.

Scripture doesn't go into the "nitty-gritty" because every situation and relationship has its own twists and turns, so that the details differ in almost every circumstance.

What Scripture does teach us are the unchanging truths that are foundational to our relationship with Him, as well as with one another. Those truths, taught in Scripture, are sufficient to give to each of us wisdom we need in our differing situations.

We can advise one another. We can pray for one another. We can seek direction from those we consider more mature in the faith. But the bottom line remains the same. God has given us His unchanging truths, has assured us that they are sufficient for the doing of every good work, and calls upon us to work out our salvation with fear and trembling,

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YOUTH INFORMATION

An informational meeting for parents and youth will be February 20 at 7:00 p.m. in Schum Fellowship Hall.

The High School Summer Conference, *Breakaway*, is scheduled for June 13-17 in Hilton Head, SC. This conference is for all high school youth and was the high point of the summer for several of them last year. If you would like your youth to attend, please contact Chris Gregory as soon as possible.

WEDNESDAY SUPPERS

Join us on Wednesday evenings for our fellowship supper - no cooking and great fellowship! Supper is served from 5:30 p.m. until 6:40 p.m. The suggested donation for adults is \$4; for children ages 5-11 \$2.50 and children under 4 eat free. The family maximum is \$15.

SHEPHERDING GROUP clean up duties for the month of February: Elwood, Harris, K. Brown and Schreiner. Please contact your shepherding elder to let him know you can help.

PRESWIC SPRING SEMINAR

Mark your calendar for the PresWIC Spring Seminar on April 30 at Westminster Presbyterian in Dayton, TN. The guest speaker is Carol Arnold and her topic is *Serving in Your Place Setting of Life*. The cost of \$8 includes breakfast, lunch and snack. Registration details to come.



MUSIC NOTES



SUNDAY WORSHIP

This Sunday, February 20, we will focus on our *omnipotent* God and will sing *All Hail the Power of Jesus' Name!* (p. 296 TH).

FCA BANQUET

The 2011 Fellowship of Christian Athletes "Road-to-Victory" Banquet will feature legendary Buffalo Bills' quarterback Jim Kelly and his wife Jill. The Kellys have an amazing testimony of how God used their son Hunter's tragic struggle with Krabbe's disease to change their marriage, their life's purpose, and their eternal destiny. The banquet is Tuesday, March 1, 2011 - 6:30 p.m. at the Chattanooga Convention Center. FCA (Jay Fowler) is a CPC-supported ministry to student athletes and coaches throughout Chattanooga and Southeast Tennessee. Contact Jay Fowler at 309-4255 for more information.

CPC WOMEN'S MINISTRIES

Ladies, the Women's Spring Retreat will be on March 19. The Ladies' Tea will be May 21. Watch for more details in the coming months.

PRAY FOR OUR COLLEGE STUDENTS:

- * Stephen Mason
- * Andrea Griggs
- * Josh Adams
- * Jonathan Herberich

FOR YOUR INFORMATION

LOVE YOUR HEART

Heart disease is the #1 killer of both men and women in the United States. It affects people in midlife as well as in old age. But the good news is that heart disease is often preventable. There are steps we can take to protect our heart health. And what's good for us is good for our whole family. The first step to improving heart health is to learn about risks. Know your numbers: *blood pressure, cholesterol, blood sugar and body mass index*. Ask your doctor about physical activity and a healthy eating plan. Then begin taking these steps to heart health: *follow a healthy eating plan, be physically active, maintain a healthy weight and don't smoke*. February is national Heart Month. Let's start today to keep our hearts and the hearts of our children strong.

NEED A JOB?

If you or someone you know is looking for a job, there is Hope. Hope Job Support Ministry, led by Pat Harrington, meets weekly to help those looking for jobs. HJSM provides many different services such as learning how to market yourself, using the internet for job searches and walking you through the process of finding a new job. Find their information sheet at the Welcome Center this Sunday.

HAVE AN ANNOUNCEMENT FOR THE NEWSLETTER?

Email Susan or Carol no later than 10:00 a.m. Tuesday at cpcoffice@covenantchattanooga.org.

STAMPS, CELL PHONES, EYEGLASSES & TOILETRIES

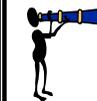
We continue to collect postage stamps to assist in raising money for new Spanish language curriculum for Sunday schools in Latin America. Cell phones are also being collected to assist with the ministry of Sage Center. And we are accepting donations of new toiletries and old eyeglasses. These will be sent to HAFF to assist with their ministry to the people of Haiti. You may drop off any of these items at Pastor Mullinax's office. Thank you!

BLOOD PRESSURE CHECKS

A nurse is available between worship and Sunday school each Sunday in the office next to Pastor Mullinax's office to check blood pressure.

2011 BUDGET REPORT

CPC's 2011 general budget was recently approved. Copies are available at the *Visitors Center* in the main lobby.



LOOKING AHEAD AT CPC

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|--------|------------------------------------|
| Feb 20 | Parent/Youth Informational Meeting |
| Mar 1 | Mothers' Encouragement Group |
| Mar 15 | Mothers' Encouragement Group |
| Mar 17 | Memorial Hospital Lunch |
| Mar 19 | CPC WM Spring Seminar |
| Apr 2 | Men's Breakfast |
| Apr 5 | Mothers' Encouragement Group |
| Apr 9 | Church Work Day |
| Apr 16 | Caines/Isaacs Wedding |